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VOICE of MARYVILLE

Rebuilding Lives... Rekindling Spirits... Renewing Hope

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A Message from Maryville's Executive Director



Sr. Catherine M. Ryan, O.S.F.
Executive Director

ryan@maryvilleacademy.org

Dear Friends:

I imagine each of us knows someone whose life was overtaken by alcohol or other substance abuse. We have only begun to measure the human and societal cost of this scourge. The Division of Alcohol and Substance Abuse of the Illinois Department of Human Services reports that over 5% of all Illinois deaths are directly or indirectly related to use of alcohol or other drugs. DASA also reports that the "statewide economic costs associated with alcohol, other drug, and tobacco-related mortality is in excess of \$3.5 billion."

Our MISA program reaches out to adolescent boys who have an alcohol or drug use disorder in addition to aspects of mental illness. The clinical staff helps youth identify the causes as well as the symptoms of their addiction. Family members participate in the treatment, so they can support the recovery of the boys. The program promotes responsible sobriety and a better framework for functioning in an adult world.

Through your support and the dedication of our staff, we can make a difference – one youth at a time.

Maryville MISA Program Offers Teens Another Chance

Maryville's MISA program for dually diagnosed teens might well be their last best chance for a normal, productive life. Saddled with mental illness combined with substance abuse issues, these boys, aged 13 to 17, are placed in Maryville's residential MISA program on the Des Plaines Campus generally by court order. For many, it is their last hope. As Mary Pernacciaro, the MISA Program Director, pointed out, "The program is voluntary; however, the choices about participating are limited. If a teen opts not to participate in the voluntary MISA program, their only other choice might be a Department of Corrections facility."

A level 3.5 (for severe addiction/mental problems) treatment facility, the Maryville MISA Program focuses on youth who have

attempted and failed at another level of care or rehabilitation facility. The home, on the Maryville Des Plaines Campus is licensed for 22 boys. While participating in the MISA Program, the boys attend the Maryville Jen School and participate in other activities which are an integral part of the recovery process. There is an AA (Alcoholics Anonymous) meeting every Monday; a CA (Cocaine Anonymous) meeting every Saturday.

Boys in the program will spend from six to nine months at Maryville. While in residence they will have 25 hours of intensive therapy each week along with 90 minutes of family therapy each month. The program, unique in the State of Illinois, randomly tests the boys for drug use while in residence. After home visits and passes

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Maryville MISA Program Offers Teens Another Chance *continued*

away from the MISA residence, there are mandatory drug tests for the boys.

“A lot of these boys have had gang affiliations; they are hard cases and are certainly not used to the routines and the disciplines that the MISA program insists upon. What is really amazing,” said Mary, “is to witness the changes in the boys. They develop a level of caring for each other. They won’t hesitate to call out the bad behavior of another boy if it is appropriate. It’s not so much criticism of the behavior as it is caring and respect for everyone else in the program.”

The MISA staff – including Jim Eaglin, Program Manager; Rene Spina, CADC (Certified Alcohol/Drug Counselor); and Christine Kim, CADC, LCPC (Licensed Clinical Professional Counselor) – work closely with the boys. “There is a moment with each boy that is wonderful to see, said Christine. “It’s like their head has suddenly cleared; it’s a very noticeable transformation. They begin to take pride in themselves.”

The boys are taught to recognize triggers that prompt alcohol and drug use and what to do when those triggers occur. They are also encouraged to attend AA and CA meetings when they are away from the program on a home visit or out on a free time pass. The home is truly a home. “It’s where they live,” noted Jim Eaglin. “They all have jobs and responsibilities; to keep the place where they live neat and clean; to make it a home about which they can be proud.”

What about the success rate? “That’s a relative thing,” Rene said. “Success might be a lifetime of living clean and sober. On the other hand, these are young kids. There might be relapses, slips, or a getting away from what has been learned here. Most recovering addicts will tell you it takes constant vigilance to stay clean. About all we can do is point them in the right direction, help them recognize what they are dealing with and, hopefully, give them the tools to lead a life without alcohol or drugs.”



2 **Above**
Maryville MISA staff members (l – r) Christine Kim, CADC, LCPC; Rene Spina, CADC; Mary Pernacciaro, Program Director; and Jim Eaglin, Program Manager meet to make holiday plans for the boys in the MISA Program.

2009 Maryville Guardian Medallion Award Honoree Announced

Sr. Catherine M. Ryan, O.S.F., Executive Director, named the honoree for the 2009 Maryville Guardian Medallion Award. “This year,” she said, “we honor Madden Communications, a good corporate citizen who has been involved with Maryville for well over forty years.”

Madden Communications, founded in 1957 by Joe and John Madden as a commercial printer, helps major companies deliver consistent and reliable sales communications and promotional support for field sales forces and retail customers.

John Madden, former president and CEO of Madden communications has been a volunteer, provided generous financial support, served on the board of directors and chaired the board.

Sean Madden, President/CEO notes that, “Madden Communications is proud of its involvement with Maryville Academy. Since the very beginning, Madden Communications has recognized that there are obligations above and beyond our business partnerships. We are obligated to our employees and the community. Maryville is one of those beneficiaries of in-kind print contributions, corporate contributions and most importantly, executive involvement with Maryville’s board and Maryville events.”



The 2009 Guardian Medallion Award Gala will take place on Saturday, March 7th at The Drake Hotel in Chicago. The evening includes a cocktail reception, silent and live auction, dinner, dancing and the presentation of the Guardian Medallion Award. Previous Honorees include Charles H. Walsh (2007) and George W. Rourke (2008), both of whom have served on the Maryville Board of Directors as well as served as board chair.

Proceeds from the Guardian Medallion Award Gala benefit the Maryville Crisis Nursery, a short-term emergency shelter for infants and toddlers whose families are experiencing a crisis situation. The Crisis Nursery is located on Chicago's northwest side.

For additional information/tickets to the Maryville Guardian Medallion Award Gala please contact the Maryville Development Department at 847.294.1982.

Des Plaines Recruiters Donate Holiday Food to Maryville

The Chicago Military Entrance Processing Station, located at 1700 South Wolf Road in Des Plaines, Illinois made a gift of donated food for Maryville youth for the holidays. Pictured (l to r) are Mary Kieger, Maryville Volunteer Coordinator; Ms Windy Robinson, U. S. Navy (ret.) DOD civilian employee; Mr. Jeff Engel, U.S. Army (ret.) DOD civilian employee; and Lt. John York, United States Coast Guard.



Maryville Crisis Nursery Christmas Party

The Maryville Crisis Nursery held a Christmas party in early December for the families and children who availed themselves of the unique services offered by the nursery for families in need of help and support during a crisis. Children and adults gathered at Catholic Charities in Chicago to celebrate the holiday, enjoy good food, sing carols and visit with Santa Claus who distributed gifts to the children. Crisis Nursery volunteers provided the food and served guests at the event.

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1. The highlight of the evening was Santa distributing presents to all the children at the party. Each child received a gift from the jolly old elf.

2. Prior to Santa's arrival, the children gathered to sing Christmas carols with Maryville Crisis Nursery volunteers and staff, including Sr. Catherine M. Ryan, O.S.F., Executive Director of Maryville and Amy Kendal-Lynch, Crisis Nursery Program Director.

3. Volunteers who helped organize the Crisis Nursery party, provided the food and served the guests included (adults, l - r): Mickey O'Connell, Margaret Glenzinski, Ellen Farrow, Doug Glenzinski, Tom O'Connell, Susan O'Connell, Mary Doyle and their children and grandchildren.



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New Maryville Board of Directors members pose with George Rourke, Board Chair (L) and Sr. Catherine M. Ryan, O.S.F., Maryville Executive Director (Front Center). The new Board members (L – R) are Louis Glunz, Melanie Pettway, and Richard Devine. Standing in the rear are Michael Golden and Andrew Lotts.

Maryville Announces New Members to Board of Directors

Sr. Catherine M. Ryan, O.S.F., Executive Director announced the appointment of five new members to the childcare facility's board of directors. Those appointed to the Board include: Richard A. Devine, former State's Attorney of Cook County, Illinois, and now with Bryan Cave LLP; Louis J. Glunz, Ph.D., Chairman of Regis Technologies, Morton Grove, Illinois; Michael P. Golden, co-founder of @Properties, Chicago; Andrew R. Lotts, Managing Partner of CJBS, LLC, Northbrook, Illinois; and Melanie M. Pettway, Attorney-at-Law, Des Plaines, Illinois. The new board members were introduced at a board of directors dinner held in early December at Maryville Academy.



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Maryville Academy Calendar of Events of 2009

- **Symposium**
"Protecting Children From the Dangers Associated With Using Electronic Technology"
@ Prairie Lakes Theater
February 12, Thursday
- **Guardian Medallion Award Gala**
The Drake Hotel
March 7, Saturday
- **Ed Block Courage Award/ Ed McCaskey Scholarship Luncheon**
April 7, Tuesday
- **Prevent Child Abuse Month Expo**
Wright College
April 25, Saturday
- **Crisis Nursery Tea & Fashion Show**
Sunset Ridge Country Club
May 7, Thursday
- **Shell Oil Golf Outing**
@ Ivanhoe Country Club
June - TBA
- **IPGA Golf Outing**
July 20, Monday
- **Spike for Kids**
July 25 & 26, Saturday/Sunday
- **2nd Annual "Smiles for Miles" Walk for the Crisis Nursery**
August 2, Sunday
- **Greg Marrero Memorial Golf Outing**
September 25, Friday