

# VOICE of MARYVILLE

*Rebuilding Lives... Rekindling Spirits... Renewing Hope...*

Volume 32, Issue 5

*Maryville Academy is a child care organization rooted in Catholic social teaching and dedicated to the preservation of the dignity of children at every age.*

### **Mission**

*Maryville Academy's mission is to empower at-risk children and their families to reach their fullest potential by rebuilding lives, rekindling spirits, and renewing hope.*

### **Vision**

*That Maryville Academy's children will achieve personal and spiritual fulfillment, become contributors to their communities, and develop an awareness of their roles as citizens of the world.*

**If you would like to drop Frank Lopez a note or holiday card, please send to:**

Staff Sergeant Frank J. Lopez  
MITT 2917  
Unit 73773  
FPO-AE-09509-3773

## **Alum is Dedicated Marine And Planning for The Future**

Frank Lopez came to Maryville in 1989—fourteen years old and the product of what he referred to as a “not so great family environment”. Frank gives a great deal of credit to Maryville for instilling in him family values, purpose, and a will to succeed. While at Maryville he lived in 400 Mulcahey and 300 Quigley. He attended Nipper High School on the campus. “I don’t know what would have happened to me if I hadn’t come to Maryville. Thank God I did. I don’t dwell on it; I don’t feel sorry for myself. Maryville was a gift and I remain grateful to this day. I was taught how to be a good person; how to get along with others; and how to be a good parent by the example of

the staff in the teaching homes. I learned how not to make the same mistakes that my parents made in my family.”



*Marine Gunnery Sergeant Frank Lopez, in his dress blues, holds one of his prized possessions – his son Isaiah. Frank lived at Maryville from 1989 until 1993.*

Frank has been an active duty, career United States Marine since 1995. He is currently on his third combat tour in Iraq. He has two boys, Jeremiah, 5, and Isaiah, 4. His great ambition, at least for now, is to “stay healthy, retire in 6 years and be the greatest dad I can be to my two boys. I’ve already picked the spot – Bowling Green, Kentucky.”

Maryville Academy is proud of Frank and thanks him for his dedication to his family and his country.

Our prayers are with you, Frank; God bless you and your family.

## **Maryville MISA Program Deals with Mental Illness And Substance Abuse**

**Addiction: the condition of being addicted (to a habit) or of being an addict; specif., the habitual use of narcotic drugs.\***

That’s what the dictionary says\*. It’s a brief definition; it’s pretty cold; it doesn’t speak to the trauma, the pain, the confusion, the emotional wreckage that an addict leaves in his wake. It doesn’t address the

harm caused to others: family, friends, employers, teachers, or even institutions. It certainly doesn’t address the cost, in both time and money, for society at large. Telling the addict to “just quit” doesn’t work. An addict can’t just quit, no matter how much he/she wants to be free of the addiction.

*continued on page 3*

## A Message from Maryville's Executive Director



Sr. Catherine M. Ryan

Sr. Catherine M. Ryan, O.S.F.  
Executive Director

ryanc@maryvilleacademy.org

On September 11, 2009, former Secretary of State Colin Powell spoke at a ceremony in Shanksville, Pennsylvania to mark the 8th anniversary of the September 11th attacks. He recalled the valor of the 40 passengers and crew on Flight 93 when they fought the terrorists who had hijacked their plane. Former Secretary of State Powell observed that "They had a moment, which against all odds, was theirs to seize." He went on to assure the families of these brave passengers and crew that "Your loss, as painful as it was, saved thousands of other family members."

In this issue of *The Voice*, we reflect on courage. November is a time in which we remember and honor our veterans for their courage. This November, we also remember the soldiers and civilians at Fort Hood who were injured or killed, and we pray for them and their families. In this issue of *The Voice*, we introduce you to a Maryville Academy alum with courage. United States Marine

Frank Lopez is in Iraq for his third tour of duty. Please read his story and you will see why we are proud of Frank. We pray for his safe return.

In this issue of *The Voice*, we highlight a Maryville Academy program that requires courage of its participants. The MISA program demands that the youth face the causes as well as the symptoms of their addictions. Equally important, the MISA program obliges the youth to change their way of life in order to achieve sobriety. We pray for their recovery.

We reflect on the courage of persons such as these who seize the "moment" for courage and we give thanks for them. And in a special way at this Thanksgiving time, we say to each of you who seize the "moment" for courage in your lives, "Thank you for your courage and for the many ways you have saved our children and others".

*Peace and all good.*



Pictured above (l to r) are: Tony Arredia, Maryville Director of Government Relations; Dr. Rocco Cimmarusti, Director of Casa Salama; Congressman Peter Roskam; Sr. Catherine M. Ryan, O.S.F., Executive Director of Maryville; Evelyn Smith, Maryville Division Director; and Brian P. McCarthy, District Director for Congressman Roskam.

## Honorable Peter J. Roskam Tours Eisenberg Campus

Illinois Congressman, the Honorable Peter J. Roskam, 6th District of Illinois was recently given a tour of Maryville's Eisenberg Campus in Bartlett, Illinois. The campus is home to two Maryville

programs – Casa Salama (adolescent girls, 13 – 20, with intellectual disabilities and mental illness) and Casa Imani (residential treatment for expectant teens, 13 – 19, and their infants).

### Executive Director

Sr. Catherine M. Ryan, O.S.F.

### Associate Executive Director

Cheryl M. Heyden

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## Maryville MISA Program Deals with Mental Illness And Substance Abuse *continued*

Maryville's MISA Program (Mental Illness/Substance Abusive) is designed to help adolescent boys to overcome their addictions, to deal with their emotional problems and to build a solid foundation for a drug-free life. It is not easy. It is not fool-proof. The national average for success in overcoming an addiction might be less than 10%. It is not an encouraging number.

None of these boys just showed up on Maryville's doorstep because they wanted to live here. They are here because of a family intervention; as an alternative to being in the juvenile justice system or jail; or by order of the courts. None of them have been successful in overcoming their addiction on their own. Several have failed despite other treatment programs.

*"It's just so hard to not use, especially if your friends are all using. I've tried, again and again. The urge was always there. You want to get back to that place where everything seemed smooth and easy. It doesn't happen. I've tried and I just kept getting more and more screwed up. Downhill was fast – domestic battery and theft. I knew I had to change."*

These boys have chased every addict's dream, the feeling of first being high. Unable to find it again, but sure that it is waiting just beyond the next hit, the next drink, the next needle. It's a tiring and

tiresome existence. It brings these boys to the point where they become sick and tired of being sick and tired. Defeat seems inevitable. Life is pointless.

*"I just wanted to be one of the guys; one of the cool ones who smoked a joint once in awhile. I liked that feeling of being a little stoned to get me through class, through family stuff, through the day. I've learned to accept – even know I need – authority figures in my life. I need to accept that and realize that I don't run the show. I messed up the last time I had a chance, I don't want to do it this time."*

The Maryville MISA program provides an integrated treatment program that addresses both the mental illness (intense anxiety, depression, etc.) and substance abuse (alcohol, drugs, etc.). Such a condition is known as dual diagnosis. Both problems must be addressed to succeed with continuous mental stability and sobriety. By utilizing simultaneous treatment modalities, the MISA team provides an intensive and integrated recovery experience – guiding some of the most troubled teens toward a healthy, satisfying, and constructive lifestyle. For additional information about the Maryville MISA Program, call 847.768.3046 or visit the Maryville web site at: [www.maryvilleacademy.org](http://www.maryvilleacademy.org).

*\*Webster's New World College Dictionary, Fourth Edition.*

## Maryville Going Green by "Densifying" Foam

Maryville Academy has launched an initiative to recycle foam cups, plates and hinged food containers used at its two Des Plaines locations. The densifier, leased from Dart Container is designed to divert non-biodegradable materials from landfills.

The new program will divert almost 700,000 pounds of foam each year. Once the foam is compacted – by crushing the air out of it – it is neatly packaged in small cylinders. The crushed foam is then treated and formed into hard beads used

by manufacturers of plastic lumber, picture frames, benches and other products.

"The densifier increases the attraction of recycling. 1,000 pounds of foam waste fills one semi-trailer. When the foam is densified, that same trailer can carry over 30,000 pounds of foam for recycling," according to Dart's Michael Westerfield, Director of Recycling.

The machine is located at Maryville's Scott Nolan Center and is the first of its kind to be installed in Illinois.



MISA staff member, Mike Fowler, works with a few MISA boys.

## Alumni Celebrate Maryville Memories



Photo courtesy of Julie Green.

Over 139 Alums, former staff and current staff attended an Alumni Luncheon recently at Maryville. Organized by Maryville Division Director, Nina Aliprandi (with a great deal of help by alumna Monique Thomas) the group, along with their children, gathered for a game of "Maryville Jeopardy" and fun and games in the gym for the kids (supervised by Mary Kieger, Maryville Director of Volunteers).

Also in attendance were Sr. Catherine M. Ryan, O.S.F. Maryville Executive Director; Cheryl M. Heyden, Associate Executive Director; Martin Veveris (staff); Mario Starnes (official D.J.); and a number of other current and past staff members.



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Rekindling spirits...  
Renewing hope...

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## Calendar of Events for 2010

- **Fourth Annual Guardian Medallion Gala**  
Drake Hotel, Chicago, IL  
March 6, Saturday
- **Ed Block Courage Award Luncheon benefitting the Ed McCaskey Scholarship Fund**  
Maryville Academy  
April 6, Tuesday

For more information on upcoming events, please visit: [www.maryvilleacademy.org](http://www.maryvilleacademy.org) or call the Maryville Development Office at 847.294.1982.

4

## Alliance Paper And Food Service Makes Gift to Maryville



Brian Flynn, President and CEO of Alliance Paper and Food Service, recently presented Sr. Catherine M. Ryan, O.S.F., Executive Director of Maryville Academy, with a check for the child care facility. Pictured above (left to right) at the presentation are: Brian Flynn; Greg Mejak, Alliance Chief Financial Officer; Cheryl M. Heyden, Associate Executive Director, Maryville; Steve Schweikert, Alliance Sales and Marketing Manager; and Sr. Catherine M. Ryan, O.S.F.

## Wilson Golf Gifts Equipment to Maryville Golf Program



Wilson Sporting Goods' Billy Nestel, Chicago Territory Manager and Kevin Dorrington, West Central Regional Sales Manager pose with Maryville Golf Program Director, Juan Espejo to acknowledge Wilson's recent gift of over \$20,000 worth of equipment to the golf program. "Wilson's generosity with equipment and financial support has greatly benefited Maryville's Golf Program, including both the club repair shop and our outreach programs in the community," noted Juan.

## Marrero Golf Outing



Juan Espejo, Director of Maryville's Golf program, poses with two PGA professionals who recently participated in the Greg Marrero Memorial Golf competition. Pictured with Juan (l to r) are Scott Baines, Bryn Mawr Country Club Professional and Eric Pick, Oakton Driving Range Professional. Money raised by the event benefits the Maryville Golf Program.



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