



Maryville
Caring for Children. Strengthening Families.

CYO COACHING REQUIREMENTS

If you would like to coach a team in a *CYO* clinic/tournament/league, you must be **at least 21 years of age** and complete the following requirements:

1) **VIRTUS / Protecting God's Children**

This course is a 3 hour, LIVE class and is FREE. This course has been an Archdiocesan requirement for anyone who works and/or volunteers at any parish or school for many years. You can register for VIRTUS at:

http://www.virtusonline.org/virtus/reg_0.cfm?theme=0

2) **Concussion**

This 30-minute online course is FREE! It is mandated by the Youth Sports Concussion Safety Act, a law in Illinois, which states that ALL coaches must complete concussion testing. You can register for the Concussion course at:

<http://www.cdc.gov/headsup/youthsports/training/index>

3) **Play Like A Champion**

This course is a 3 hour, LIVE class that enables the athletic experience to be a missionary tool to help develop athletes physically, socially, morally and spiritually. The PLAC course is offered at various locations throughout the year and costs \$25 per person (includes course manual). Contact Kim Williams for information on upcoming classes.

FOR MORE INFORMATION, CONTACT:

Kimberly Williams, Athletic Coordinator

Maryville / *CYO*

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